

HELPHYOURSELF

happening and installation, wood, glasses,
different kinds of milk, 2024

A very low table is displayed in the room. The title is not just a title but serves more as an invitation. People help themselves by drinking the milk they find in the glasses. The choice of what to do after is up to them. Put the empty glass back? Put it on the table? Bring them back from the fridge and ask for a refill? Everything is allowed and everything has an impact on the work. The structure of the table is holding nothing but is rather held by what we are normally used to see on it. The content is serving the structure, not the opposite.

A circle of feeding is both present in the shape of the table and in its own essence of bringing people together, sharing, and tasting new things. A new iconography of *virgo lactans* is proposed. Not a mother and a child anymore but rather an interspecies relationship revolving around the act of feeding.

The installation was displayed for the first time in Schloss Scheibenardt, the hunting residence of King Carl V in Karlsruhe (DE) for the exhibition Leuchtkäferweibchen, July 2024. 30 glasses were at first under the table. At the end of the opening hours, 3 of them were on the table and 8 of them were scattered in the room. 19 glasses were still under the table and 6 of them were still full.





